

# Motivational Interviewing & Health Behavior Change Consultation



## **Gary S. Rose, Ph.D.**

is a practicing clinical psychologist and has been delivering similar workshops in Motivational Interviewing since 1992. He is a member of the steering committee of MINT, the Motivational Interview Network of Trainers, and a principal of the Institute for Motivation and Change in Boston, MA. Dr. Rose also holds academic appointments with the Tufts School of Medicine and the Massachusetts School of Professional Psychology, and am a consultant with the Boston Public Health Department and the Behavioral Health Division of University of Massachusetts School of Medicine. Over the last 15 years, he has dedicated many thousands of hours to teaching, training, researching, and writing about Motivational Interviewing and client-centered approaches to health behavior change.

*Presented by: Gary S. Rose, Ph.D.*

*for Health Care Practitioners*

*CME and CEU credits pending*

**Wednesday, January 16, 2008**

**5:30-8:30pm\***

**Location: The Yard Steak and Seafood  
Restaurant, Manchester, NH**

***\* Dinner will be served***

Motivational Interviewing is a powerful, evidenced based approach to health behavior change consultation that has proven helpful for practitioners across many fields of health care.

This training will provide a general introduction to the philosophy, science, and techniques of motivational interviewing, with a particular focus on skills and techniques for practitioners working with acute and chronic diseases of lifestyle.

A special focus on the needs of health care practitioners who deal with children, adolescents, and their parents will be highlighted.

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**RSVP by Thursday, January 10, 2008**

**Email Beth Gustafson Wheeler  
at [bwheeler@healthynh.com](mailto:bwheeler@healthynh.com) or  
call 603.225.0900 ext. 234.**

***This training is free***

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